

## **Network Mapping Exercise**

As with values and competencies, mapping out your network can help if you are in doubt of who might be relevant to involve in a project or if you cannot think of someone with whom to collaborate. Here, you might need to think outside your working environment.

Write down the names of people in your network who might be able to help you in a current or future project. Start with the inner circle and move outwards.

When you have described the network, choose the 3 most relevant people whom you would like to contact. Think about what you would like to ask them and why their being contacted by you is beneficial.

You can use the table (provided on the next page) to help your network mapping exercise.

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